



# USH TELEGRAPH

RAPHAEL HOUSE RUDOLF STEINER SCHOOL NEWSLETTER

## IMPORTANT DATES

**Saturday, 16 June**  
Matariki Noho

**Thursday, 21 June**  
Matariki Festival

**Monday, 25 June**  
Board of Trustees Meeting

**Thursday, 28 June**  
Class 12 Eurythmy

**Friday, 29 June**  
Kindergarten Matariki

Tēnā koutou e ngā whānau o te kura Raphael House

Kia ora whanau,

Ra whanau ki a koe te where o Rapaera, Happy 39th Birthday Raphael House! On Monday 11 June we celebrated our school's 39th birthday with beautiful cakes in the staff rooms made by PTFA volunteers. (Next year it will be the big "40" and combined with the Waldorf 100 it will have to be an extra special celebration)

It is a busy time at our kura, while the days get colder and the nights get longer, Matariki - Te Tau Hou Māori (the Maori New Year) is just around the corner, Matariki is a time to gather with family and friends to reflect on the past, celebrate the present, and plan for the future.

At our kura we will start the celebrations with the Noho marae this Saturday, starting at 6pm 16 June, led by Rangi and our whanau kapahaka group. They will welcome the rising of the Matariki with a karakia at 5:30 am on Sunday 17 June.

The tamariki from kindergarten to upper school are giving their lanterns the final touches and looking forward to sharing them with their whanau on the evening of Thursday 21 June at the Matariki Festival. This will be followed by the kindergarten children's Matariki Festival on Friday 29 June.

The updated parent library and craft room AKA the Heidi Werth room is looking loved and warm and inviting. Big thank you to Brett and the Working Bee Volunteers! Please pop in and say Kia Ora to Tracey and Lori our volunteer librarians who will be hosting a coffee morning on Monday's 9 to 9:30am and are also available at other times during the week, the details are provided in this issue of the BT and at HW Room Door. This is a parent community space so please feel free to come in with you little ones and catch up with a friend or join our parent craft group and do a bit of crafting after drop off or before pick up time. We will soon have craft packs for you to take home and work on in your own time if you are unable to hang out with us on Mondays. All the parent craft goodies are for sale in the Parent Craft Room.

Many of our school parent crafters have started crafting for their child's or children's rooms and the others are busy thinking and planning for this year's Toy, Craft and Food Festival, which has been renamed the "Raphael House Steiner School Fair" on Sunday 11 November. Our first community meeting for the RHS School Fair will be held on Saturday 30 June 2pm in Heidi Werth room for all the festival reps to come together and for the committee to share information from last year that will help with planning for this year. Please feel free to email us any questions or ask your class festival reps to email us at [ptfacommittee@gmail.com](mailto:ptfacommittee@gmail.com).

And finally a reminder that our awesome school community social - PTFA Barn

Dance (and AGM) is coming up on Saturday 28 July, first Saturday of Term 3! The music is always great and the dancing so much fun :) Please highlight this date in your calendars as it is a not to be missed child friendly Raphael House parent community event, enjoyed as much by the children as by the adults. It will be a gold coin donation per family entry this year, with yummy food on sale and a raffle basket full of fairtrade organic treats to be won !

Mauri ora

Juvena Jalal

Chairperson

Raphael House (PTFA) Parent, Teachers and Friends Association

## OUTREACH NEWS

KATIE MUSK

### EXTENDED ABSENCES

Many of our families are planning overseas travel over the winter months. As stated in the Parent Handbook, please remember that if your child is going to be away from school for five or more consecutive days, parents are asked to request permission from the Principal in writing. This can be done by emailing [absences@raphaelhouse.school.nz](mailto:absences@raphaelhouse.school.nz) Thank you.

### EMERGENCY CONTACT DETAILS

Over the next week, you will receive a Civil Defence Emergency Contact Form in the post. We ask families to complete this form annually in order for us to hold up to date medical and emergency contact information for your family. Thank you for your support in returning the forms promptly to the Office.

## PARENT LIBRARY

TRACEY WILLIAMSON

A warm invitation to all to come visit the Heide Werthe Room (the room above where Friday cafe is). This is now a space for the parent community to use - you are welcome to come for a cuppa and escape the rain, bring your knitting or find supplies/inspiration for fair crafting.

The parent library has a good selection of books to borrow on: crafting, parenting, nutrition, Steiner education/philosophy, sustainability and a smaller selection of children's books/fairytales.

This term the Parent Library and Heide Werthe Room will be open:

- Mon 9-9:30 (Coffee morning....watch this space!)
- Tue 9-9:15am, 2:30-3pm
- Wed 9-9:15am, 2:30-3pm
- Thur 9-9:15am, 2:30-3pm
- Fri 9-9:15am, 2:30-3pm

If you want to visit the library outside of these times please see Katie nearby in the office.

A big thank you also to the families who have generously donated items to furnish the room, so very appreciated!

Look forward to seeing you



## MUSIC NEWS FROM OUR STUDENTS

Congratulations to Leo Malcolm from Class 8, who has been working extremely hard along with three other Year 9 Wellington students in the Momentum string quartet (including former Raphael House student Shanita Sungsuwan). They spent three days over Queen's birthday weekend studying with the NZ String Quartet at the NZ School of Music (Victoria University) and performed Haydn's String Quartet no. 1 both then and last weekend in the Chamber Music NZ schools contest. It was nice also to see former Raphael House student Chloe Bothwell performing as well.

And well done Benedict van Leuven from Class 11, whose group 'Timeless Trio' pulled off a stellar performance of Stravinsky's 'Soldier's tale' for clarinet, violin and piano to win the Wellington competition. Ben, Lucas and Milly now go on to Napier to compete in the Central Regional Finals next Saturday 23 June for a place in the National finals in Christchurch in August - the day after Right Seater (Ben and fellow Class 11 students Hamish and Kane) perform in the Wellington Regional Finals of Rockquest! Good luck!

## NGA RITO WHĀNAU KAPAHAKA RANGI AND OUR WHĀNAU KAPAHAKA

**Ka puta Matariki ka rere Whānui.**

**Ko te tohu tēnā o te tau e!**

**Matariki re-appears, Whānui starts its flight.**

**Being the sign of the New Year!**

Kia ora whānau,

We are excited to warmly invite our tamariki of all ages and their whānau from across our Kindergarten, Lower and Upper school to join us at our annual Matariki Noho happening this Saturday 16 June. This special occasion begins at 6pm and will be a beautiful opportunity to experience welcoming in the Māori New Year while having a sleep over at our School in the Eurythmy room.

Historically it's been a memorable experience being part of this significant event which enables whānau to deepen their understanding of our Maori culture, whats happening in our school, having lots of fun and enriching their relationships with one another.

Also, you are more than welcomed to join us just for the evening activities or come along in the morning to welcome the Māori New Year and have breakfast. (Please RSVP.)

Matariki is actually a small cluster of tiny sparkling stars which appear when the sun, drifting north on the shortest day in winter, reaches the north-eastern end of the horizon. It is a time linked to the winter solstice, when the sun begins its journey south again and is traditionally a time to celebrate unity and whānau.

Matariki is a significant festival for us all at Raphael House; we are preparing both inwardly and outwardly for this time at school. It is an opportunity for us all to reflect and give thanks, to celebrate the earth and to show respect for the land on which we live.

The timetable for the Matariki Noho is:

Saturday 16 June -

- 6pm Whānau arrive; mihi/greetings.
- 6pm to 8pm Kapahaka, games, poi making, raranga, rakau and more.
- 8pm Shared hapa/supper (please bring a plate).
- 8.30pm to 9.30pm Waiata, korero paki/story time and winding down quiet time.
- 9.30pm Moeinga/Bedtime.

Sunday 17 June -

- 5.30am Karakia/Prayer.
- 6.30am Parakuihi/Breakfast. (This will be provided so please RSVP for catering purposes).
- 7.30am to 8.30am Clean up.
- 8.30am to 9am Mihi whakamutunga/Farewell
- 9am Home time.

What to bring:

- Bedding including pillows, sleeping bag or sheets/blankets and mattress/bed mat.
- Slippers.
- Warm clothes for sleeping and to get up at dawn.
- Torch (in case you need to get up in the middle of the night).
- Wet weather clothes/footwear in case of rain.
- Shared kai for supper.

Special requirements:

If there are any dietary requirements for the breakfast, can you please bring kai/food for this.

Please RSVP to Adibah Saad by emailing [adibah.saad8@gmail.com](mailto:adibah.saad8@gmail.com) or text 021 363587. Please include:

- Number of whānau attending.
- If you will be sleeping over; or coming just for the evening or morning activities.
- Able to assist with activities.
- Contact details.

We need help with:

Two to three parents to please help prepare breakfast and look after the kitchen space.

If you have any questions or would like to help out at the Matariki Noho with any of the activities please contact Adibah (details above).

We look forward to sharing this special time with your whānau at our Matariki Noho.

Nga mihi.

## SITUATIONS VACANT AT RAPHAEL HOUSE

### HOMESTAY COORDINATOR

We are looking for a new Homestay Coordinator to assist our International Student Programme.

Part-time, flexible hours (some weekend/after school work and driving required).

For more information contact [irja.h@raphaelhouse.school.nz](mailto:irja.h@raphaelhouse.school.nz)

## OUTSIDE RAPHAEL HOUSE FOR YOUR INFORMATION

### CLASSIFIED

#### AU PAIR AVAILABLE

Hi my name is Laura.

I'm looking for a family to stay with (from the end of July - October) and who also needs a bit support with the kids and at home (au pair).

I'm currently doing volunteer work at the school and thinking about staying for 3 more months.

If you're interested in, please contact me

Ph: 0220271583 or

E-mail: [laura.hofmann97@gmx.de](mailto:laura.hofmann97@gmx.de)

Or contact the school office:

E-Mail: [clare.g@raphaelhouse.school.nz](mailto:clare.g@raphaelhouse.school.nz)

#### KALEIDOSCOPE SOLUTIONS – EMPOWERING CHILDREN

##### Term 3

- Mindfulness Workshops for 4-6yrs
- Mindfulness Workshops for 7-12yrs
- Mindfulness Workshops for Teens
- Individual 1:1 coaching programmes for children

Kaleidoscope Solutions purpose is to empower children to reach their highest potential, believing in themselves and feeling good in their own skin...

Contact Heather for more information or have a look at the website for testimonials, feedback and details explaining the content/framework of each programme.

Heather – 021 0225 3254

[www.kaleidoscopesolutions.co.nz](http://www.kaleidoscopesolutions.co.nz)



## HELP GET RID OF SINGLE USE PLASTICS

We have a huge plastic pollution problem in our planet right now, we are literally drowning in it! By making a few small, positive changes, together we can reduce our excessive waste and use of single-use plastics, improve our quality of life and look after the environment we live in.

If you have been looking for easy, affordable ways to make this change, Norwex offers some eco-friendly, high quality products and for this month only you can buy them at reduced prices through this special fundraiser PLUS 20% of all sales will go to the school.

Our family use each of these items on an almost daily basis and have got rid of all plastic bags, glad wrap and plastic straws from our home. With many stores banning plastic bags, the produce and grocery bags are an excellent, sustainable alternative, and are safe for our environment and our health.

If you would like to place an order please contact me on the details below or collect a form from the school office.

If you would like to find out more about these products, please visit [www.haleyrivasherrera.norwexbiz.nz](http://www.haleyrivasherrera.norwexbiz.nz)

All orders must be in by Friday 29 June.

# DITCH and SWITCH



**\$20**  
Set of 3  
Reusable  
Produce Bags



**\$28**  
4 Stainless Steel  
Drinking Straws  
+ Cleaning Brush



**\$45**  
4 Silicone Cup  
Lids +  
2 Larger Lids



**\$20**  
3 Reusable  
Grocery Bags

Name:

Phone:

Email:

Item	Qty	Price	Line Total
Produce Bags			\$20
Stainless Steel Straws			\$28
Silicone Lid Pack			\$45
Re-usable Grocery Bags			\$20
		Delivery	\$4.20
		TOTAL	



Payments to be made by:

Credit Card

Bank Transfer

Haley Rivas Herrera  
Independent Sales Consultant  
022 327 4385  
[haley.safehaven@gmail.com](mailto:haley.safehaven@gmail.com)  
[www.haleyrivasherrera.norwexbiz.nz](http://www.haleyrivasherrera.norwexbiz.nz)



## OUTWARD BOUND

### School Holiday Parent & Teen Course

Leaps & Bounds is the ultimate shared adventure for a parent/caregiver and their teenager (13 - 15 years).

Over 8 days learn about yourself and each other in a challenging but supportive environment. Form a relationship that is real, open, honest, and based on respect while sharing the experience with other adults and teenagers in your group.

Activities include tramping, camping, kayaking, running, sailing, swimming, rock climbing and high-ropes.

“ Outward Bound provided my daughter and I with a gift of experience and language/stories that we now share. ”

#### Upcoming course dates

Sun 15 July - Sun 22 July

Sat 6 Oct - Sat 13 Oct

To find out more get in touch on 0800 688 927

[outwardbound.co.nz](http://outwardbound.co.nz)



## FOOTBALL HOLIDY PROGRAMME

Wellington Phoenix are running two holiday programmes during the July school holidays!

This is an opportunity to play your favourite game all day, develop your skills, make new friends and rub shoulders with members of the Wellington Phoenix Academy.

Thursday 12 – Friday 13 July, Memorial Park, Petone, 9am-3pm

Monday 16 – Tuesday 17 July, Wakefield Park, Island Bay, 9am-3pm

Includes coaching from Wellington Phoenix Academy Youth coaches, a Wellington Phoenix holiday programme t-shirt and a Wellington Phoenix football.

Prices:

\$150

\$120 for Wellington Phoenix Members

1 day option available.

To register, visit [www.wellingtonphoenix.com/community-programs](http://www.wellingtonphoenix.com/community-programs) or email [beckyc@wellingtonphoenix.com](mailto:beckyc@wellingtonphoenix.com)